## **CLAIMS**

What is claimed is:

- A system for positioning an implant, said system comprising:
   a holding element for holding an implant, said holding element including:
  - a first end having a grip;
  - a second end having a connecting element for establishing a connection to the implant; and a guiding sleeve for guiding the holding element, said guiding sleeve defining a guiding area for guiding the holding element, wherein the holding element can be introduced into the guiding sleeve.
- 2. The system as set forth in claim 1, wherein the guiding sleeve is made of a rigid material.
- 3. The system as set forth in claim 1, wherein the guiding sleeve includes at least one curved section.
- 4. The system as set forth in claim 1, further comprising a navigation element fixed to the guiding sleeve.
- 5. The system as set forth in claim 4, further comprising a sliding element connected to the navigation element, said sliding element slidably engaging the guiding sleeve.
- 6. The system as set forth in claim 1, wherein one end of the guiding sleeve includes an end area which runs conically.

- 7. The system as set forth in claim 6, wherein the guiding sleeve includes a rotational block the conically running end area.
- 8. The system as set forth in claim 1, wherein the connecting element of the holding element comprises an outer thread.
- 9. The system as set forth in claim 8, wherein the holding element includes a flexible area which can be guided in the guiding sleeve.
- 10. The system as set forth in claim 1, wherein the holding element includes a grip and an outer thread onto which a nut is screwed.
- 11. The system as set forth in claim 8, wherein the implant includes a connecting element for establishing a connection to the connecting element of the holding element.
- 12. The system as set forth in claim 11, wherein the connecting element of the implant is an inner thread.
- 13. The system as set forth in claim 11, wherein the implant includes a conically running section adjacent the connecting element.
- 14. In a system for positioning an implant, said system having a holding element for holding an implant, a guiding sleeve comprising:

  a guiding area for guiding the holding element.
- 15. The guiding sleeve as set forth in claim 14, further comprising: a navigation element fixed to an outer portion of the guiding sleeve.

- 16. In a system for positioning an implant, a holding element for holding an implant, said holding element comprising:
  a connecting element for connecting to the implant.
- 17. The holding element as set forth in claim 16, wherein the connecting element is an outer thread adapted to engage an inner thread of the implant.
- 18. A method for calibrating an element, said method comprising: connecting the element to at least one navigation element; placing the element in contact with a calibrating device; and moving the element while the element remains in contact with the calibrating device.
- 19. The method as set forth in claim 18, wherein the element to be calibrated is curved.
- 20. The method as set forth in claim 18, wherein the calibrating device includes a planar instrument connected to markers.
- 21. The method as set forth in claim 18, further comprising: performing a plausibility check.
- 22. The method as set forth in claim 21, wherein performing a plausibility check includes accounting for assumptions with respect to at least one of (i) a geometry and (ii) a spatial trajectory of the element to be calibrated.
- 23. The method as set forth in claim 18, further comprising: pre-calibrating a tip of the element to be calibrated.

- 24. The method as set forth in claim 18, further comprising: one of (i) inputting and (ii) calculating a diameter of the element to be calibrated.
- 25. The method as set forth in claim 18, further comprising: optically displaying a result of the calibration method during or after calibration.
- 26. A device for calibrating an element, said device comprising: a planar member connected to at least one navigation element.
- 27. The device as set forth in claim 26, further comprising: an edge formed by at least two intersecting planar members.
- 28. The device as set forth in claim 27, further comprising:
  a pressing element which presses with a force in a direction toward a surface of at least one of the planar members, said pressing member being connected to at least one navigation element.